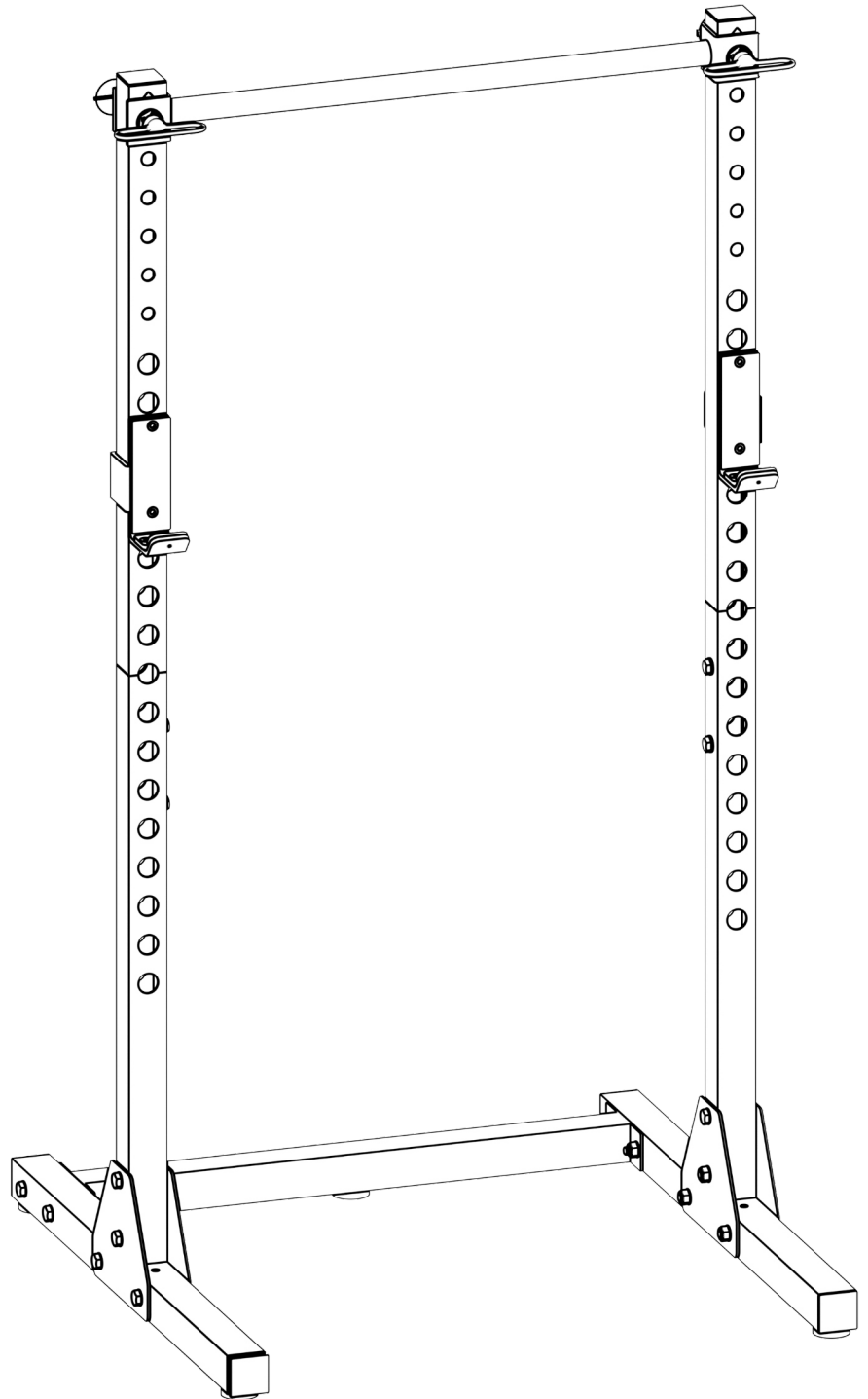


 **SYNERGEE[®]**

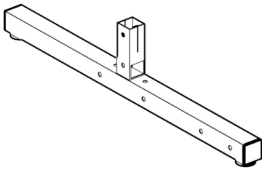
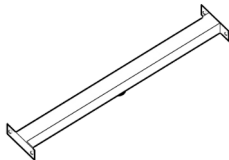
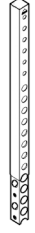
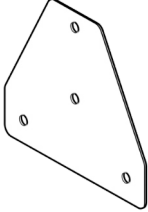
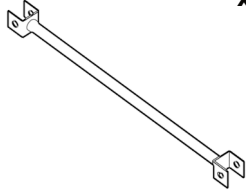
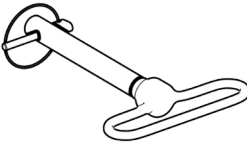
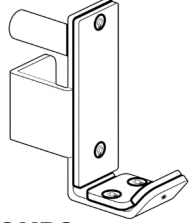
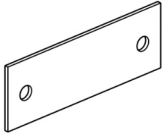
SQUAT RACK

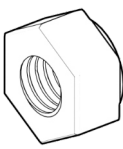
KIDS SERIES



PARTS LIST

IF ANY PIECES ARE MISSING, PLEASE CONTACT US IMMEDIATELY:
HELLO@SYNERGEEFITNESS.COM OR 1.855.217.7136

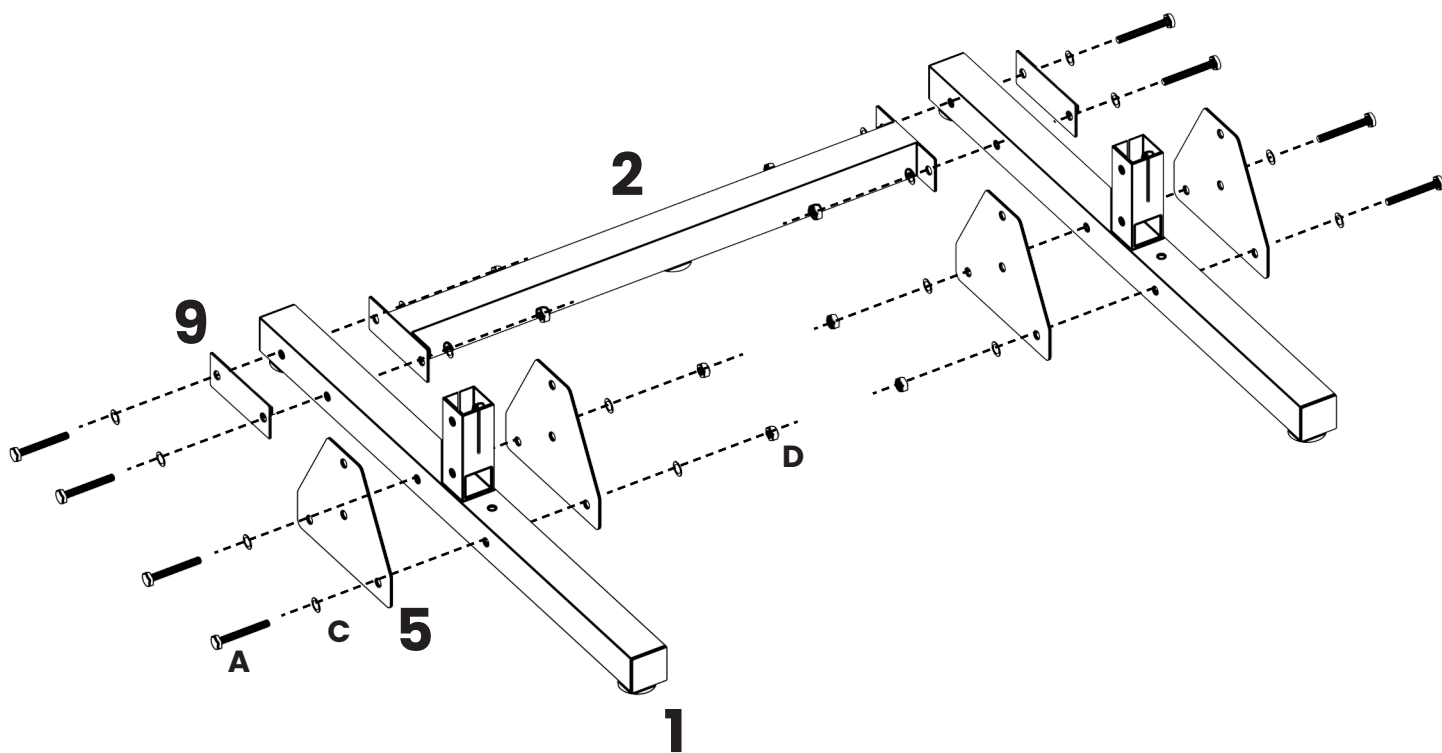
1.  BASE FRAME	2.  REAR FRAME	3.  TOP UPRIGHT	4.  BOTTOM UPRIGHT	5.  SUPPORT PLATES
6.  PULL UP BAR	7.  PULL UP BAR PINS	8.  J-CUPS	9.  CRUSH PLATES	

A.  M10x70 FULLY THREADED BOLT	B.  M10x20 FULLY THREADED BOLT	C.  M10 WASHER	D.  M10 NUT
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ASSEMBLY

STEP: 1

STEP PART GUIDE		
#	PART NAME	QTY
1.	Base Frame	2
2.	Rear Frame	1
5.	Support Plates	4
9.	Crush Plate	2
A.	M10x70 Bolts	8
C.	M10 Washers	16
D.	M10 Nut	8



ASSEMBLY

STEP: 2

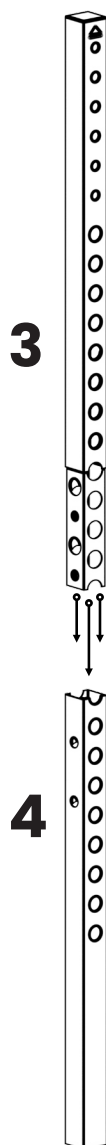


ATTENTION
REPEAT STEPS TWICE
BEFORE CONTINUING

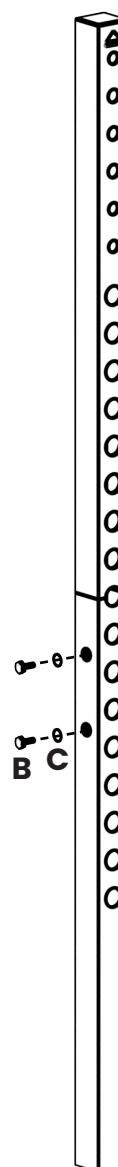
STEP PART GUIDE

#	PART NAME	QTY
3.	Top Upright	1
4.	Bottom Upright	1
B.	M10x20 Bolt	2
C.	M10 Washer	2

STEP A



STEP B

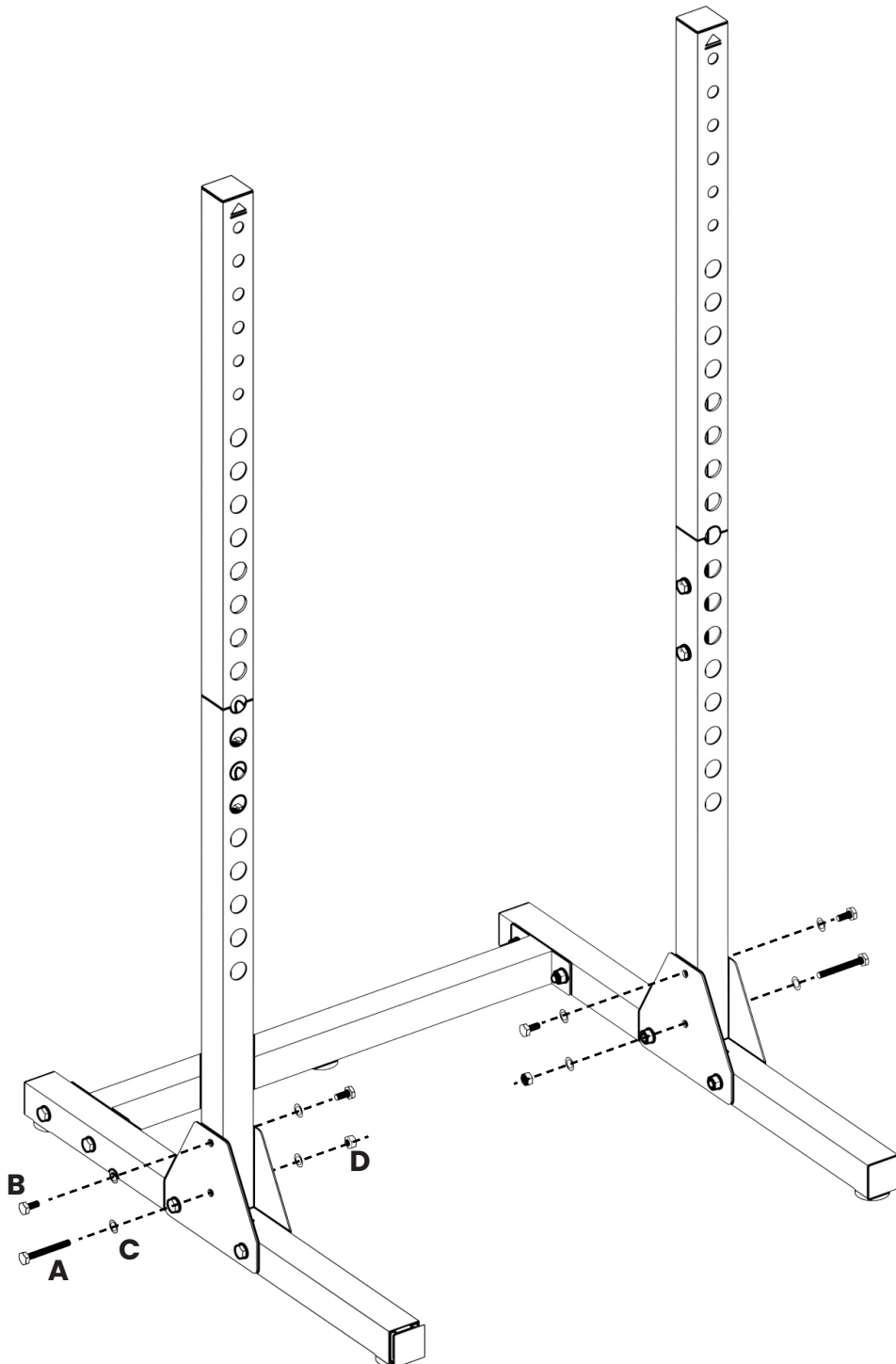


ASSEMBLY

STEP: 3

STEP PART GUIDE

#	PART NAME	QTY
A.	M10x70 Bolt	2
B.	M10x20 Bolt	4
C.	M10 Washers	8
D.	M10 Nut	2



ASSEMBLY

STEP: 4

STEP PART GUIDE		
#	PART NAME	QTY
6.	Pull Up Bar	1
7.	Pull Up Bar Pins	2
8.	J-Cups	2

